

# The secrets of storytelling

*Workshop for learning how to tell stories - by Beatriz Montero*

This workshop will give the basic keys to tell stories through the senses, body language and voice records.

## Objectives

- To master the techniques of storytelling and public speaking.
- Learn the craft of storytelling: communicating with the other, playing with words.

## Participants

Adult people interested in storytelling and oral communication. We recommend you bring comfortable garments, flat shoes, and clothes not too tight. Minimum 8 participants, no maximum.

## Development workshop

- Participants will be given a bibliography from which they can expand and enrich the knowledge they have acquired in the workshop.
- Phases of the workshop:
  1. **Collective phase**, in which group work release techniques, empowerment of the imagination, physical expressiveness, nonverbal communication and voice.
  2. **Single Phase**. It will track individual participant to see their progress.

## Methodology



1. The methodology will be highly participatory, providing an environment that fosters the creation of the group.
2. There will be exercises and group games to work with the body, speech and voice.
3. Release will work with which it seeks to enhance the fantasy and imagination.
4. The theory and practice will be intertwined.
5. All participants will made comments of storytelling, giving way to arguments and concepts that are inherent to the Story and the Oral tradition, as the literary structure, aesthetic expression or the educational values of storytelling.

## Beatriz Montero's resume



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Beatriz Montero, author of "The secrets of Storytelling", CCS Publishing, Madrid, 2010, is Philologist, writer and storyteller. Coordinator in charge of the International Storytelling Network / Red Internacional de Cuentacuentos (RIC). She has participated in major Storytelling Festivals in Spain, Brazil, Dominican Republic, Uruguay, Mexico, Argentina, Costa Rica and Holland.

She has taught Storytelling workshops at the Popular Rivas-Vaciamadrid University, Writing Workshop of Madrid, Ensayo 100 School of Theater, Public Libraries and Research Teachers' Centers. She has told stories in hundreds of theaters, as the Abbey Theatre in Madrid, Solís Theatre in Montevideo, Bellas Artes Theatre in Mexico City, and the SESC Theatre in Rio de Janeiro, among many others, as in hundreds of schools.

She has been interviewed in Television and Radio on numerous occasions. She was guest teller in the Master of Children's literature at Barcelona University, Spain, 2010.

She has published children's novels: "I have three moms" and "There's a monster at school", La Librería publishing, Madrid. Adult stories in various anthologies, and the theoretical guide "The secrets of storytelling" CCS publ., Madrid. Coming soon will be published the illustrated book "Dad, Mom, me and the monsters", Aletria publ., Brazil. She has theoretical articles published in the journal of education "Among students" and in the magazine for Children and Young Literature "CLIJ", Barcelona, Spain.